

**BURGESS ELEMENTRAY SCHOOL  
INSTRUMENTAL MUSIC DEPARTMENT**

**Director: Danny E. Minchoff**

**SAMPLE 30-MINUTE PRACTICE SESSION**

<b>5-10 MINS.</b>	<b>Warm-up with scale work from Scale Sheet, Long Tones, Excellerators from the back of the Tradition of Excellence Book (TOE), Lip Slurs (Brass), Finger Exercises from TOE, For your instrument only selections from TOE, High Note handouts for clarinet.</b>
<b>15-20 MINS.</b>	<b>Circled sections in your TOE, Quarterly Testing Selection (marked TP or starred in TOE) Rotate through the exercises each practice session.</b>
<b>10-15 MINS.</b>	<b>Work on <u>challenging sections</u> of your: band music, jazz band music, regional music, etc. Work on problem areas, don't just play from beginning to end.</b>

**PRACTICE TIPS**

- **SCHEDULE** practice times – Music achievement requires effort over a period of time. Set your goal at five 30-minute sessions per week.
- **MULTIPLE** practice sessions are better than **MARATHON** sessions.
- Find a **QUIET** place to practice.
- Purchase **SONG BOOKS** at a local music store to build your repertoire.
- Practice at a **SLOW** tempo first. Accuracy is **MORE** important than speed.
- If you are bored **MOVE ON** in your lesson book on your own.
- Use the **SAMPLE** practice session above as a guide. **BE CREATIVE.**
- **TIME IS PRECIOUS – USE IT WISELY**